



## Policy on Social Personal and Health Education

This policy is rooted in the Mission Statement and aims of the school, fostering partnership between parents, teachers and the community in the interest of children's learning. All parents and students will be treated with respect and will not be discriminated against on the grounds of age, gender, religion, sexual orientation, disability, colour and ethnic group or nationality.

### AIMS:

1. To enable the students to develop personal and social skills.
2. To promote self-esteem and self-confidence.
3. To enable the students to develop a framework for responsible decision making.
4. To provide opportunities for reflection and discussion.
5. To promote physical, mental and emotional wellbeing.
6. To ensure that the Department of Education Curriculum guidelines/circulars are adhered to.

### FORMATION OF POLICY

Our SPHE policy is formulated by the SPHE co-ordinator/s in consultation with the Pastoral Care Committee and school management in accordance with the Department of Education guidelines.

### IMPLEMENTATION OF POLICY

1. SPHE shall be allocated one class period per week.
2. Each year group will follow a subject plan provided by the SPHE co-ordinator/s. Class tutor will follow and deliver lessons based on this plan.
3. Resources will be available on the school common or from the SPHE co-ordinator
4. SPHE co-ordinator/s will make every effort to ensure the programme is constantly updated in accordance with the changing needs of our students.
5. Content and teaching methods will be in accordance with the changing needs of our students.(focus sessions)
6. Every effort is made by SPHE coordinator/s to offer resources and reasonable accommodation to SPHE at all times in liaison with staff.
7. **Through in-service training staff will be made aware of the cross curricular links. The SHPE coordinator/s may also offer support and training at times to SPHE teachers.**
8. Support agencies and structures outside of the school environment will be used to enhance the programme e.g HumourFit/Webwise Ireland/Aware Ireland.
9. Staff and parents will be regularly updated in relation to SPHE e.g letters home, yearbook, newlink, websites etc.
10. SPHE subject plan is available on the common folder and each tutor will be made aware of where to find their groups subject plan.
11. Internet Safety Module: All information, lesson plans and resources are available on [www.webwise.ie](http://www.webwise.ie).
12. SPHE permission slip will be signed in each student's journal.

### MONITORING PROCEDURES



1. The SPHE co-ordinator/s will review the implementation of the programme.
2. The Pastoral Care committee shall be informed as to how the programme being implemented.
3. Principal and Deputy Principals will review the programme with SPHE co-ordinator/s and evaluate implementation.
4. Each junior cert class from first to third year will have an SPHE folder in which work and copies are stored.
5. SPHE coordinator/s may decide on focus sessions for tutors to deliver to SPHE classes which they feel are relevant and topical e.g smartphone safety for first years.

### **SUCCESS CRITERIA**

1. That each students acquires knowledge and understanding of attitudes, beliefs and values.
2. That parents, staff and students themselves are satisfied and feel that are benefiting from the programme.
3. That the programme is delivered in the most effective and beneficial manner.

### **REVIEW/EVALUATION PROCEDURES**

1. Policy will be renewed annually by Principal, Deputy Principals and SPHE co-ordinator/s.
2. Teachers/tutors will be invited to give their views and suggestions on ways to further improve the programme at the end of each academic year through the use of google forms
3. SPHE Report will be issued to the Board of Management at the end of the academic year.
4. Particular events e.g: Anti-Bullying Week, first year RSE talks, focus sessions will be evaluated by student review sheets.